

Royal British Nurses' Association.

Incorporated by



Royal Charter.

THIS SUPPLEMENT BEING THE OFFICIAL ORGAN OF THE CORPORATION.

MESSAGE OF SYMPATHY WITH HER MAJESTY QUEEN ELIZABETH.

We received the news of the passing of the Countess of Strathmore on the morning of June 23rd, and, in the afternoon when the Members had gathered to listen to Mr. Carver's lecture, a Resolution expressing the respectful sympathy of the Members of the Corporation was carried by silent, upstanding vote. Her Royal Highness the President graciously consented to convey the message and the following letter was received in reply:—

Buckingham Palace, S.W.1,
July 4th, 1938.

DEAR MISS MACDONALD,—I am commanded by the Queen to thank you and the Members of the Royal British Nurses' Association for your very kind message of sympathy, which you have sent to Her Majesty through Princess Arthur of Connaught.

The Queen is deeply touched by your kind thought for her and your sympathy with her in her irreparable loss.

Yours sincerely,

LETTICE BOWLBY,
Lady-in-Waiting.

LECTURE.

Her Royal Highness the President, Princess Arthur of Connaught, R.R.C., S.R.N., was graciously pleased to take the Chair when Mr. James Carver, F.R.C.S., gave his lecture, on 23rd June. The subject of it was "Some Kidney Conditions with special reference to Tuberculosis." There was a very large attendance and the lecture was exceedingly interesting. We hope to give a report of it in the next issue.

ANNUAL GENERAL MEETING.

The Annual Meeting was held on June 28th. Mrs. Bedford Fenwick was in the Chair and, after the notice convening the meeting had been read and the minutes of the previous meeting read and confirmed, the lengthy Report of the Executive Committee was received and adopted. We need not recapitulate its contents as the principal items contained in it have been reported in our official organ as they took place. Discussion arose on the Departmental Committee to enquire into the Nursing Services and strong disapprobation was expressed on the fact that upon it no direct representation had been given to the nurses' organised societies. On the references to the Jubilee of the Association, and the International Congress of Nurses of last summer, members congratulated Mrs. Fenwick on what her work for the profession, during the last 50 years, had achieved. Miss Elma Smith thanked her

in the name of those present and said that chiefly they would congratulate her upon being the Founder of the first organisation of nurses in the world (our own Association, The Royal British Nurses' Association), the Founder of the organised movement for the State Registration of Nurses throughout the world, and the Founder of the International Council of Nurses.

The Report of the Hon. Treasurer showed an excess of income over expenditure of £218 1s. 6d. On the Settlement Fund there was a similar excess to report, amounting to £4 7s. 2d., while, on the accounts of the Helena Benevolent Fund, the receipts had exceeded the expenditure by the sum of £281 12s. 3d. This last large balance, however, arises on a gift of over £300 which was generously made by the husband of a late member of the Association to support the work of the calendar scheme in sending out cheques to sick and aged nurses for comfort at Christmas time. The Hon. Treasurer, Mrs. Hamilton Gibson, was congratulated by the Chairman and other speakers on the Report she had presented.

The following were elected to fill vacancies on the General Council arising under By-law XVII:—

Medical Practitioners—The Right Hon. Lord Horder, K.C.V.O., F.R.C.P.; Lady Campbell Maxwell, M.D.; Sir Stanley Hewitt, K.C.B., M.D.; Sir Alfred Rice-Oxley, C.B.E., M.D.; Dr. Armstrong; Dr. McIntyre; Mr. Leslie Paton, F.R.C.S.; Dr. Eric Pritchard; Mr. Jocelyn Swan, F.R.C.S.; and Dr. Woodall.

Matrons—Miss Breay; Mrs. Berens-Dowdeswell; Miss Dickson; Miss Huxley, M.A.; Miss Kirby; Miss Lamb; Miss Lord; Miss Nelson; Miss Parncutt; Miss Solomon.

Sisters and Nurses—Mrs. Bearcroft; Miss Buchanan; Miss Lewis; Miss Morrison; Mrs. Oakley; Miss Scott; Miss Siddall; Miss Swaby-Smith; Miss Treasure; Miss Watson.

The Meeting concluded with votes of thanks to the Honorary Officers, to the Executive Committee and to the Secretary.

LECTURE ON DIABETES MELLITUS.

By BENJAMIN BURLING, ESQ., M.D.

(Concluded from page 153.)

TREATMENT OF DIABETES.

The treatment of diabetes has undergone great changes in the last fifteen years. The work of Allen marked the first great change. He gave a diet low in carbohydrates, but was obliged also to keep the fats and protein low in order that the patient might not develop acidosis. Thus the total calories in the diet had to be very low. The disadvantages of this diet were lack of variety and low caloric value.

MODERN CALCULATIONS OF DIET FOR DIABETICS.

When deciding questions of diet the patient must be weighed and his weight calculated in kilograms ($6\frac{1}{2}$ kilos. equal a stone). He is allowed from 20 to 25 calories per

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